

1



2



3



4



Sister Carmina Rose

5



*HOPE* CAME  
INTO THE WORLD....

6

We need to open our heart to this littleness which is there in that Child, and to that great wonder... It is the surprise of a Child God, of a poor God, of a weak God, of a God who abandons his greatness to come close to each one of us.



7

## LOVE INCARNATE

“I am definitively loved and whatever happens to me—*I am awaited by this Love.* And so my life is good.”



8

*Each of us* is the result  
of a thought of *God*.  
Each of us is *willed*.  
Each of us is *Loved*.  
Each of us is *necessary*.

Pope Benedict XVI

9

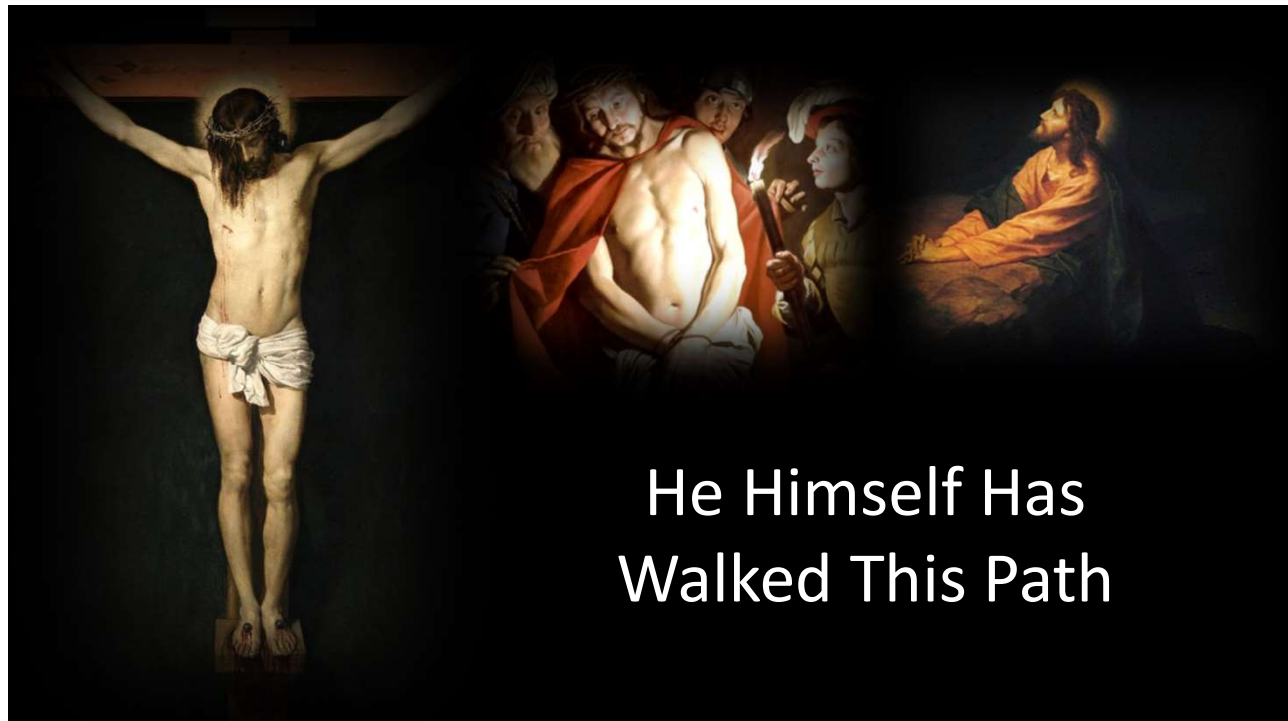
If we are truly in love with Christ  
and if we sense how much He loves  
us, our hearts will  
*light up with a joy and hope*  
that spreads to everyone around us!

Pope Francis

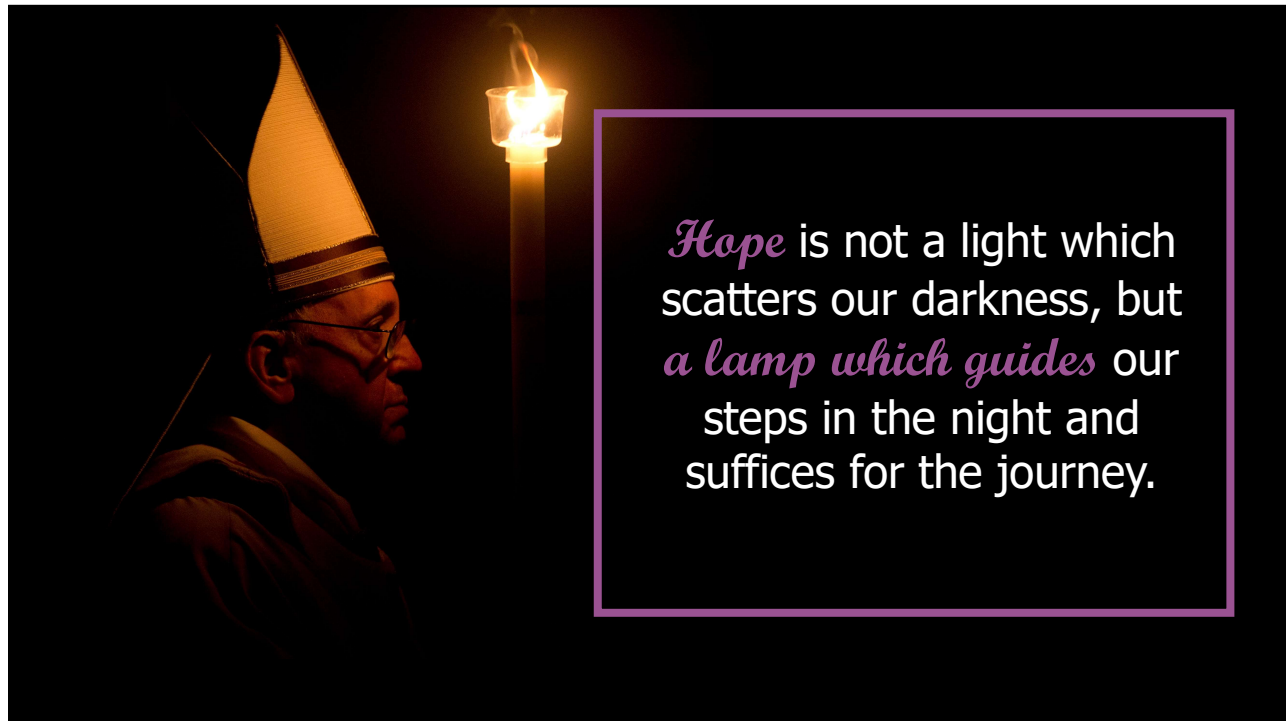
10



11



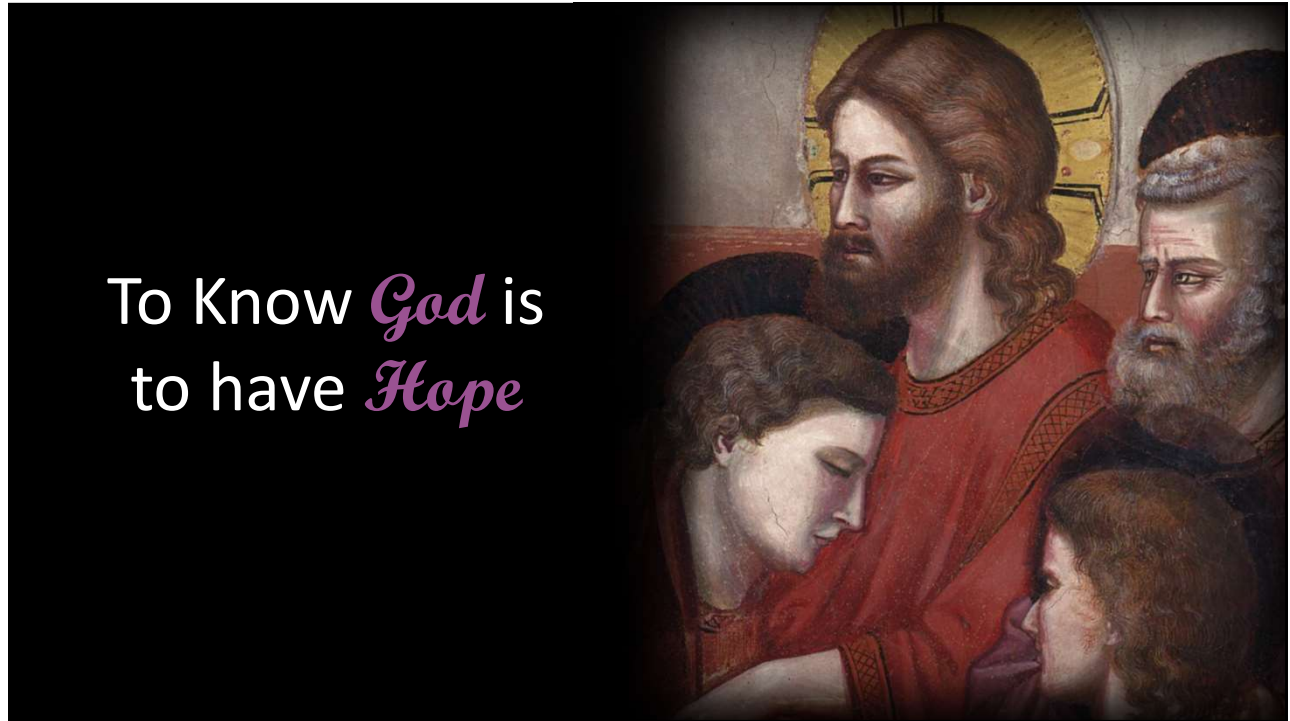
12



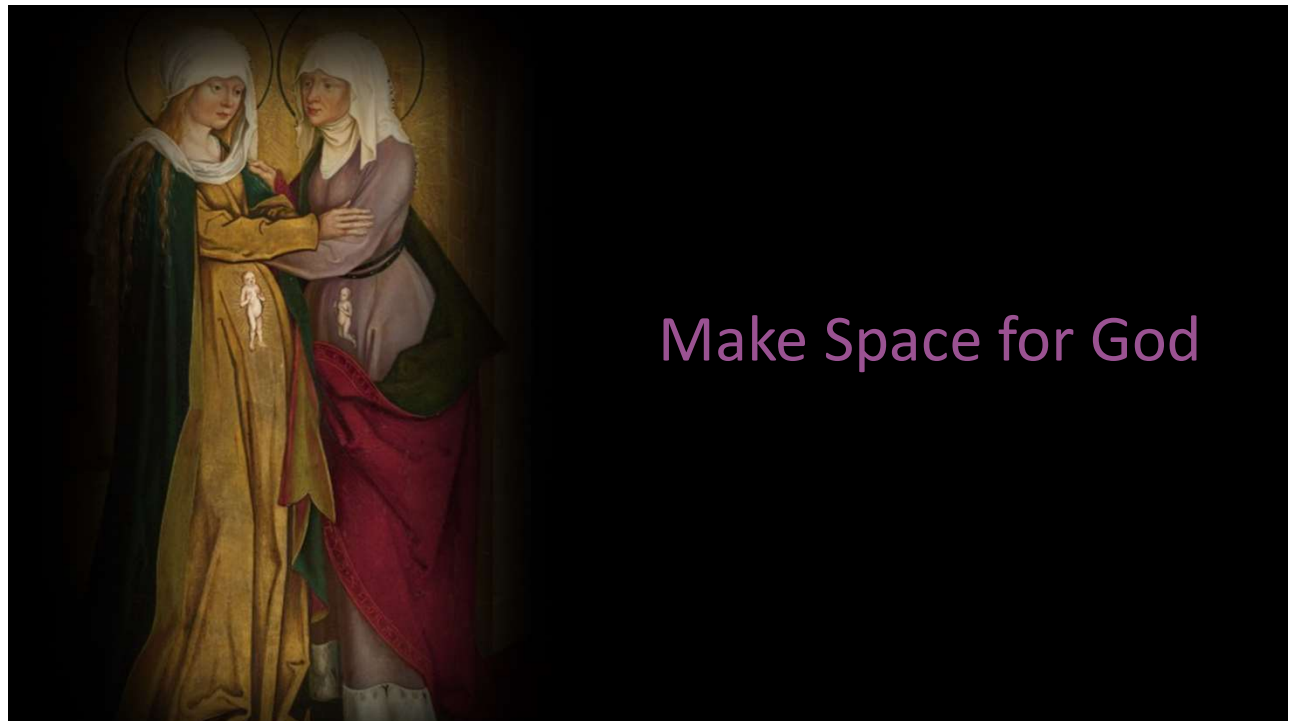
13



14



15



16



It is not by sidestepping or fleeing from suffering that we are healed, but rather by our capacity for accepting it, maturing through it and finding meaning through union with Christ, who suffered with infinite love.



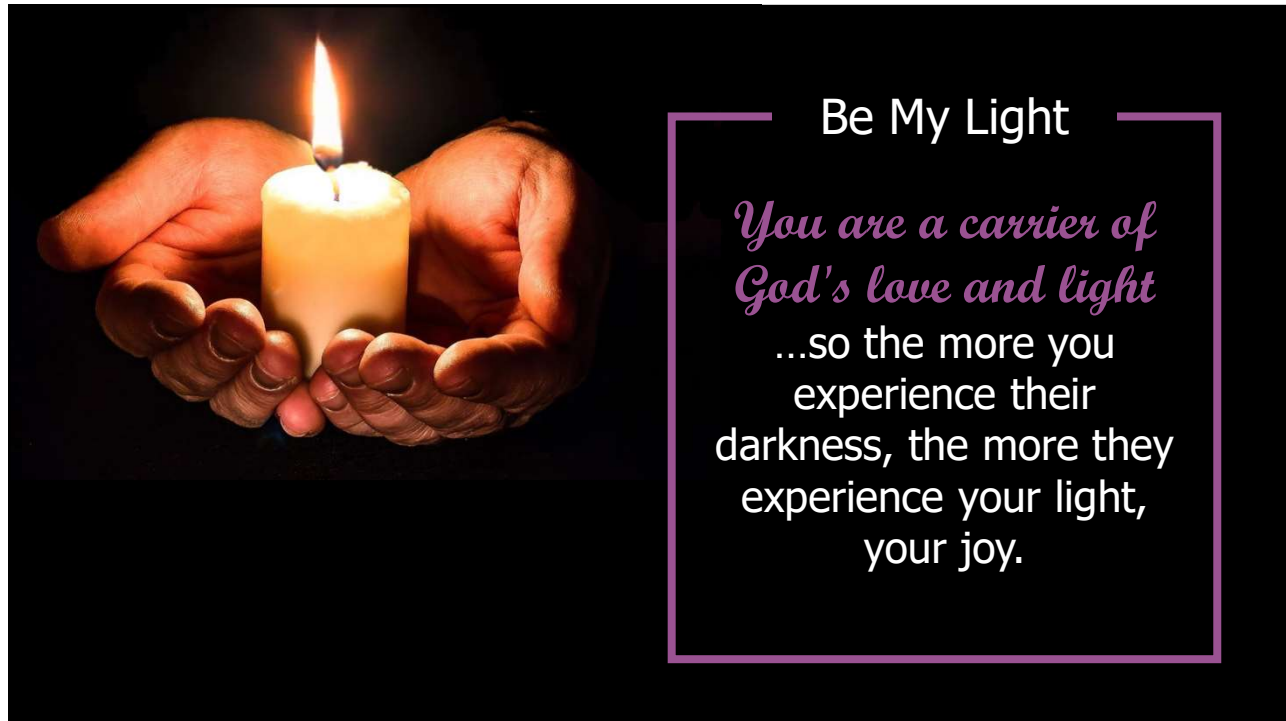
17



The moon does not take away from the brilliance of the sun. All its light is reflected from the sun. *The Blessed Mother reflects her Divine Son*; without Him, she is nothing. With Him, she is the Mother of Men."

Fulton Sheen

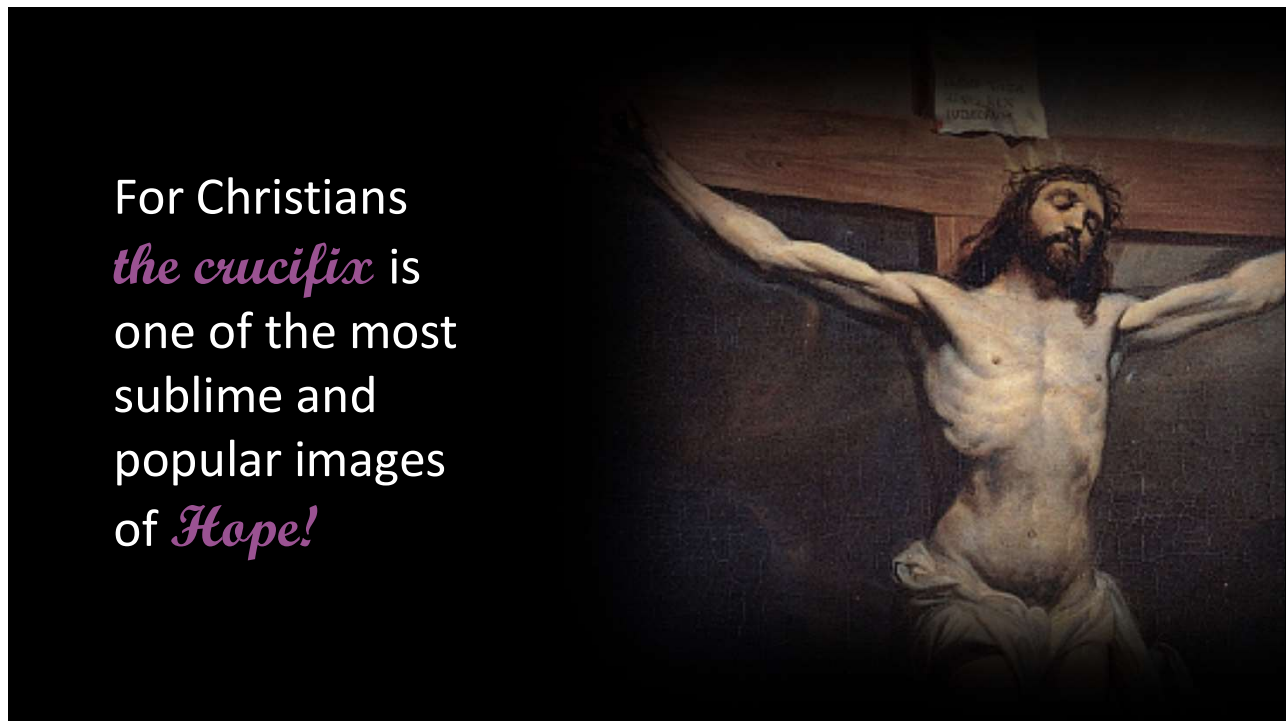
18



## Be My Light

*You are a carrier of  
God's love and light*  
...so the more you  
experience their  
darkness, the more they  
experience your light,  
your joy.

19



For Christians  
*the crucifix* is  
one of the most  
sublime and  
popular images  
of *Hope!*

20

## Lights of *Hope*

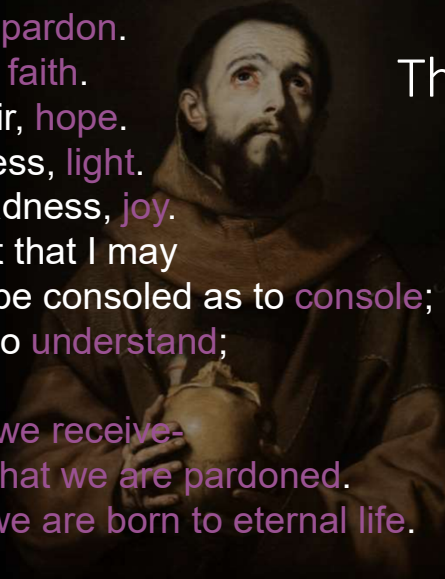
The true stars of our life are the people who have lived good lives. They are lights of hope. Certainly, Jesus Christ is the true light...But to reach him we also need people who shine with his light and so guide us along our way.



21

Lord make me an instrument of your *peace*,  
 Where there is hatred let me sow *love*.  
 Where there is injury, *pardon*.  
 Where there is doubt, *faith*.  
 Where there is despair, *hope*.  
 Where there is darkness, *light*.  
 And where there is sadness, *joy*.  
 O *Divine Master* grant that I may  
 Not so much seek to be consoled as to *console*;  
 To be understood as to *understand*;  
 To be loved as to *love*  
 For it is in *giving* that we *receive*-  
 And it's in *pardoning* that we are *pardoned*.  
 And it's in *dying* that we are *born* to eternal life.  
 Amen.

The One Who *Hope*  
 Lives Differently



22

## The One Who *Hope* Lives Differently

As Christians we should never limit ourselves to asking: how can I save myself? We should also ask: what can I do in order that others may be saved and that for them too the *star of hope* may rise?




23



## A People of *Hope*

Not only do we help each other in need, in the many needs of daily life, but help each other to hope, support one another in hope.

24



What are Ways to  
Foster & Witness  
to *Hope* ?

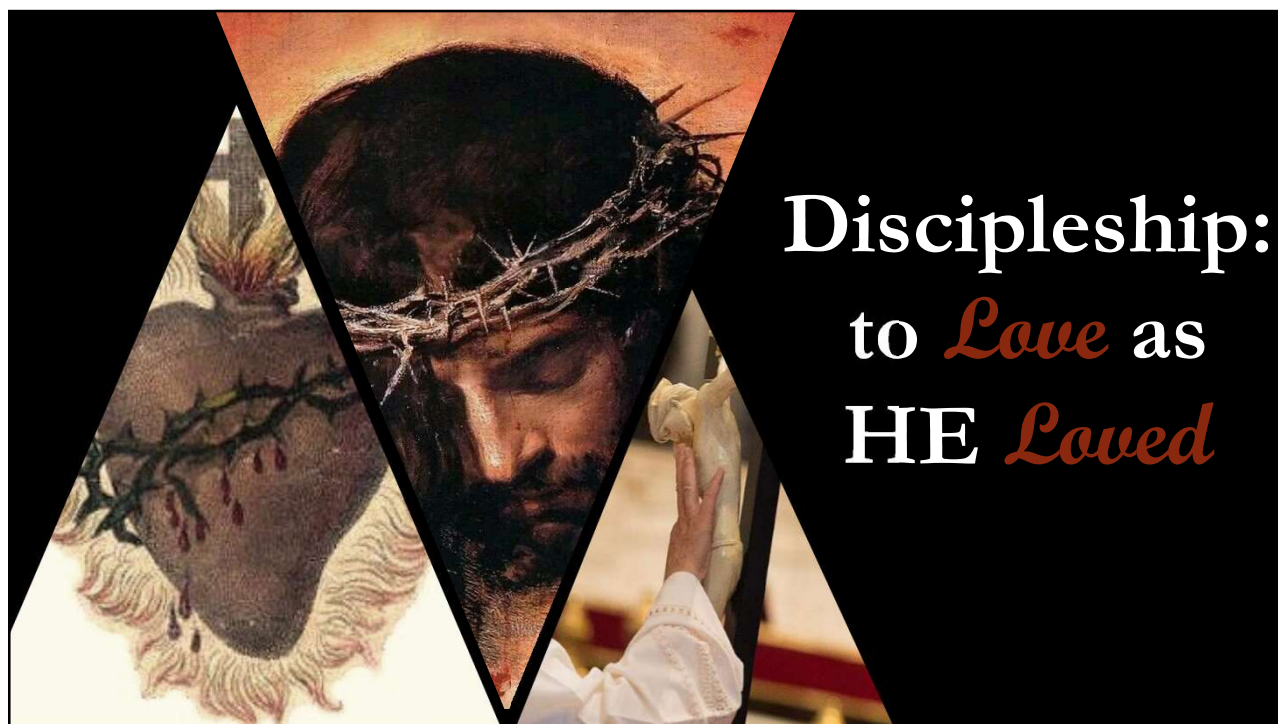
25



## Reflection Questions

1. What are ways in which we can make space for God within our own personal life?
2. As a People of Hope how can we witness to Jesus Christ as the Hope for our families, our community and our whole world?
3. What are ways you can help others foster hope in their lives?

26



27

Go and make disciples of all nations!" (Mt 28:19).



This is *the great missionary mandate* that Christ gave the whole Church, and today, two thousand years later, it remains as urgent as ever. This mandate should resound powerfully in your hearts.

Pope Francis

28



29

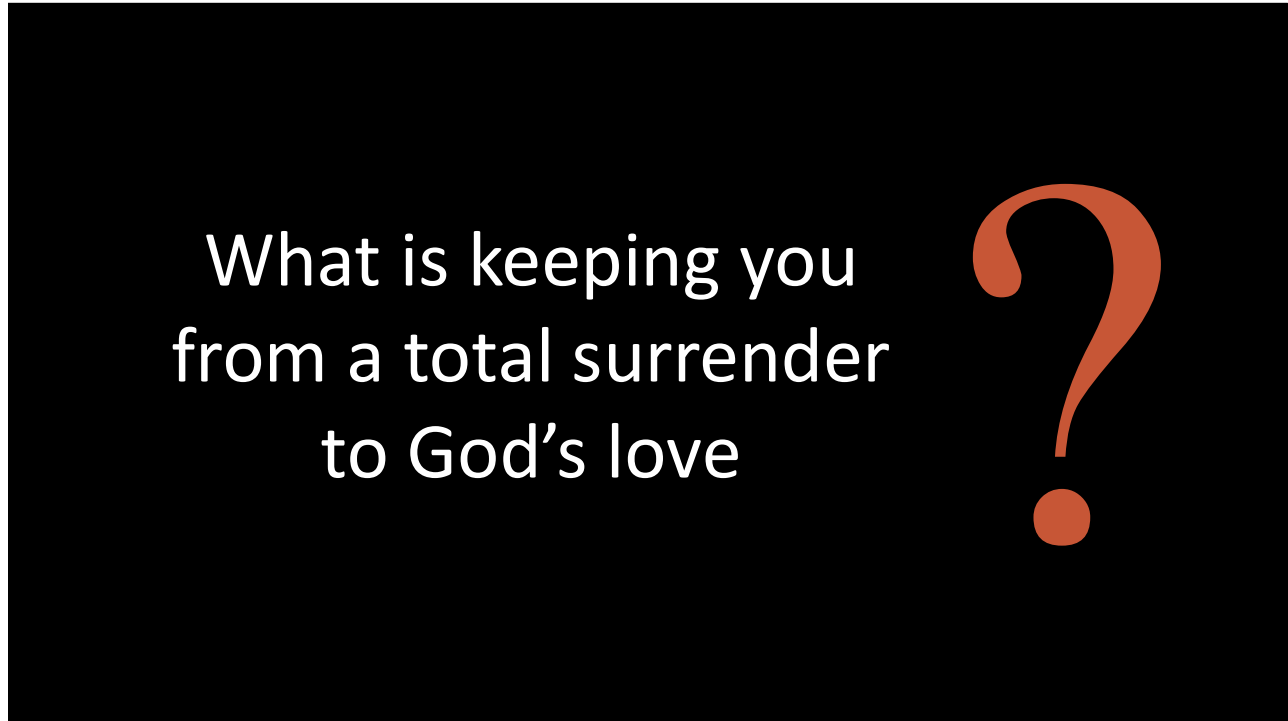
## Surrender to God's Love



Discipleship does not simply provide information about Who Christ is; rather, it entails a personal relationship with Christ, *a surrender of our whole person* with all our understanding, will and feelings, to God's self-revelation.

Pope Benedict XVI

30



31



32



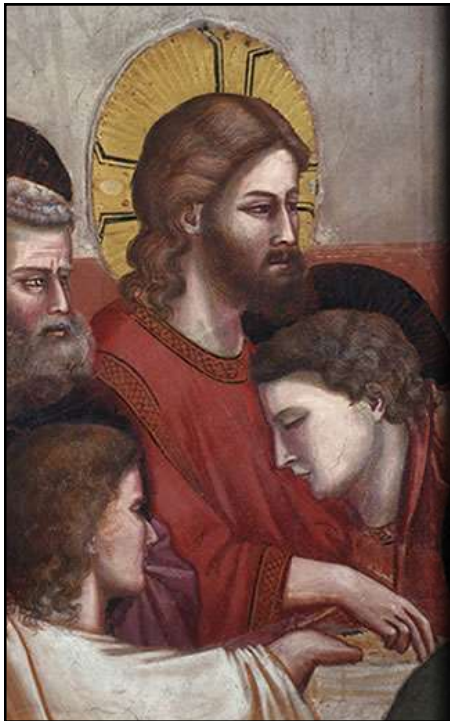
## Remain in my Love (John 15:9)



The more we know Christ, the more we want to talk about him. The more we speak with Christ, the more we want to speak about him. The more we are won over by Christ, the more we want to draw others to him.

Pope Francis

33



Catherine Doherty

First and foremost, discipleship involves remaining in Jesus' love. This is what Jesus said to the disciples in His farewell discourse: *Remain in my love.* Jesus and the apostles shared an intimate friendship.



34

What are ways that you  
can deepen your intimacy  
with Jesus Christ



35



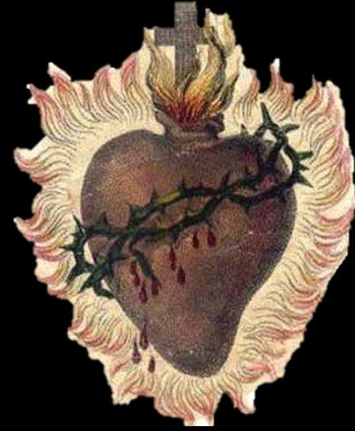
**Respond to Jesus' Love**

36

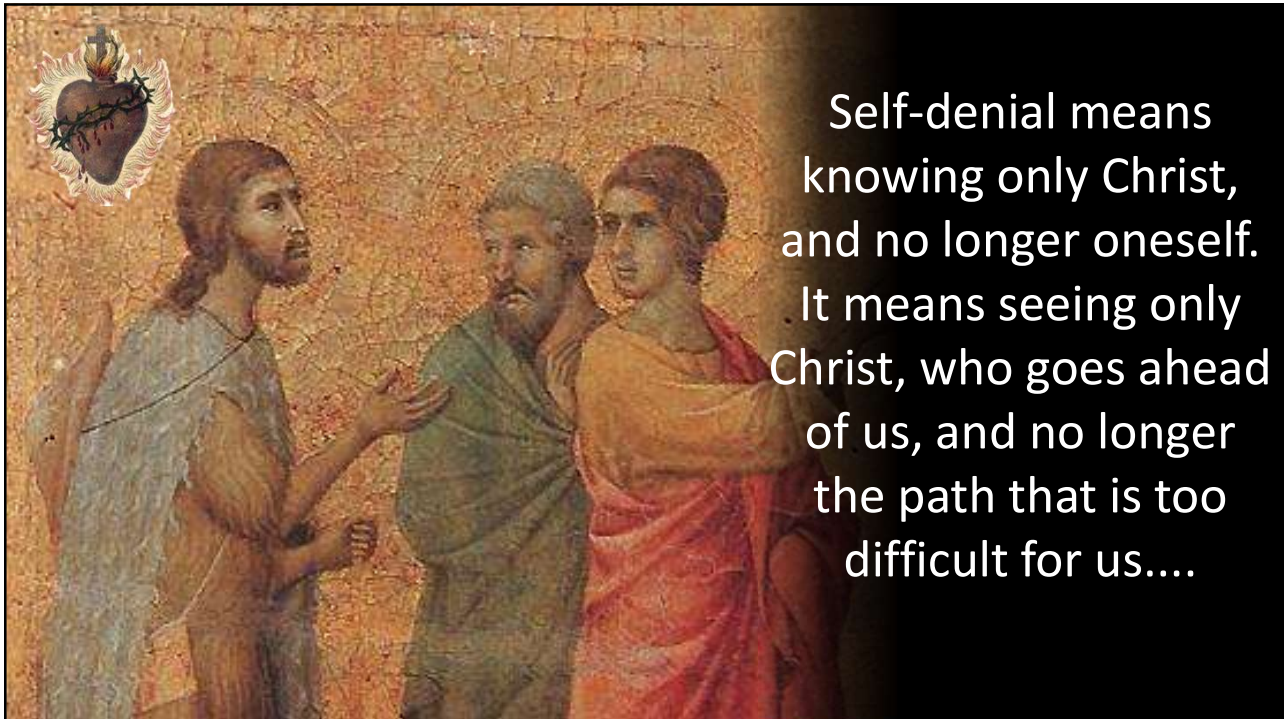
## Respond to Jesus' Love

Whenever  
Christ calls us,  
his call leads us  
to death.

Dietrich Bonhoeffer

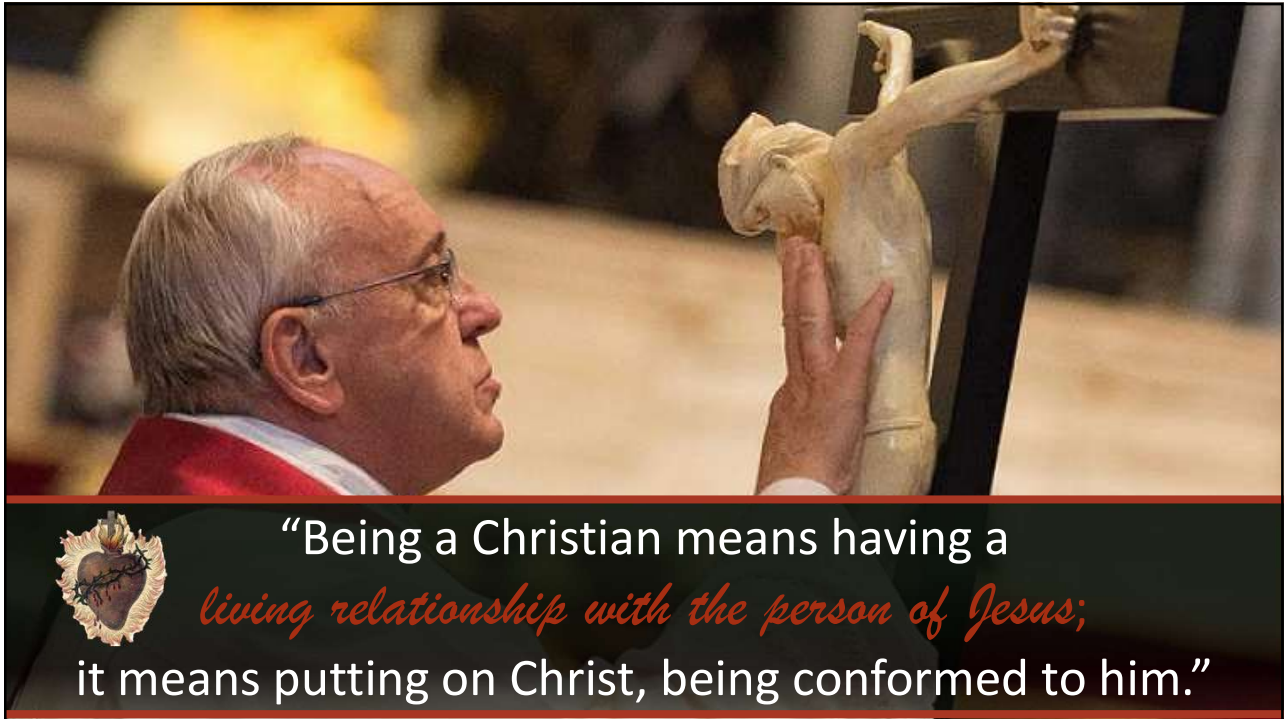


37



Self-denial means  
knowing only Christ,  
and no longer oneself.  
It means seeing only  
Christ, who goes ahead  
of us, and no longer  
the path that is too  
difficult for us....

38

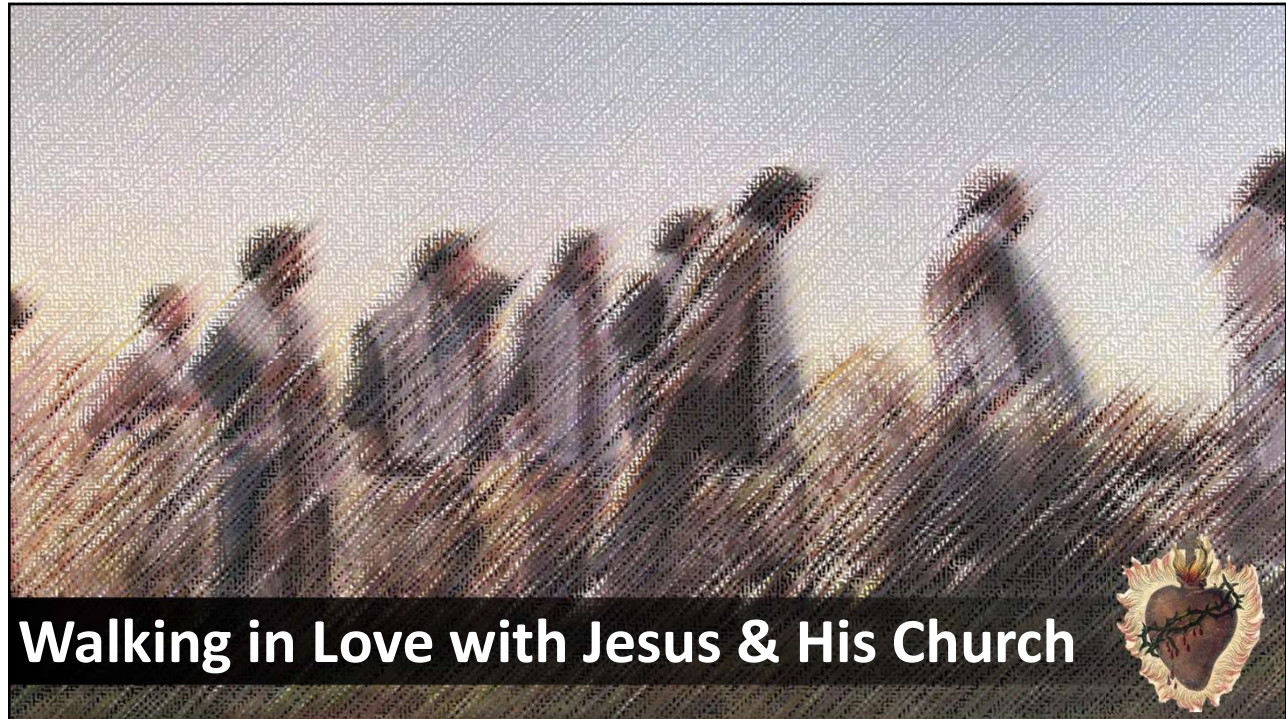


39

What is one way in  
which you can die to  
self this Lent



40



## Walking in Love with Jesus & His Church

41

## Walking In Love with Jesus & His Church



...Following Jesus in faith means walking at His side in the communion of the Church. We cannot follow Jesus on our own. Anyone who would be tempted to do so...will risk never truly encountering Jesus or will end up following a counterfeit Jesus.

Pope Benedict XVI

42



"Church attendance is as vital to a disciple as a transfusion of rich, healthy blood to a sick man."

43

What is one teaching of the Church that I reject, do not understand, or simply that which I want a greater understanding



44



## Mutual Loving Support

45

## Mutual Love Support



When Jesus said, "Come to me, all you who labor and are heavy burdened," He assumed we would grow weary, discouraged, and disheartened along the way...He knew that following Him was as **unsentimental as duty**, as **demanding as love.**" .

Brennan Manning

46

Living the truth in love, we should grow in every way into him who is the head, Christ, from whom the whole body, joined and held together by every supporting ligament, with the proper functioning of **each part**, brings about the body's growth and **builds itself up in love**. (Eph 4:16)



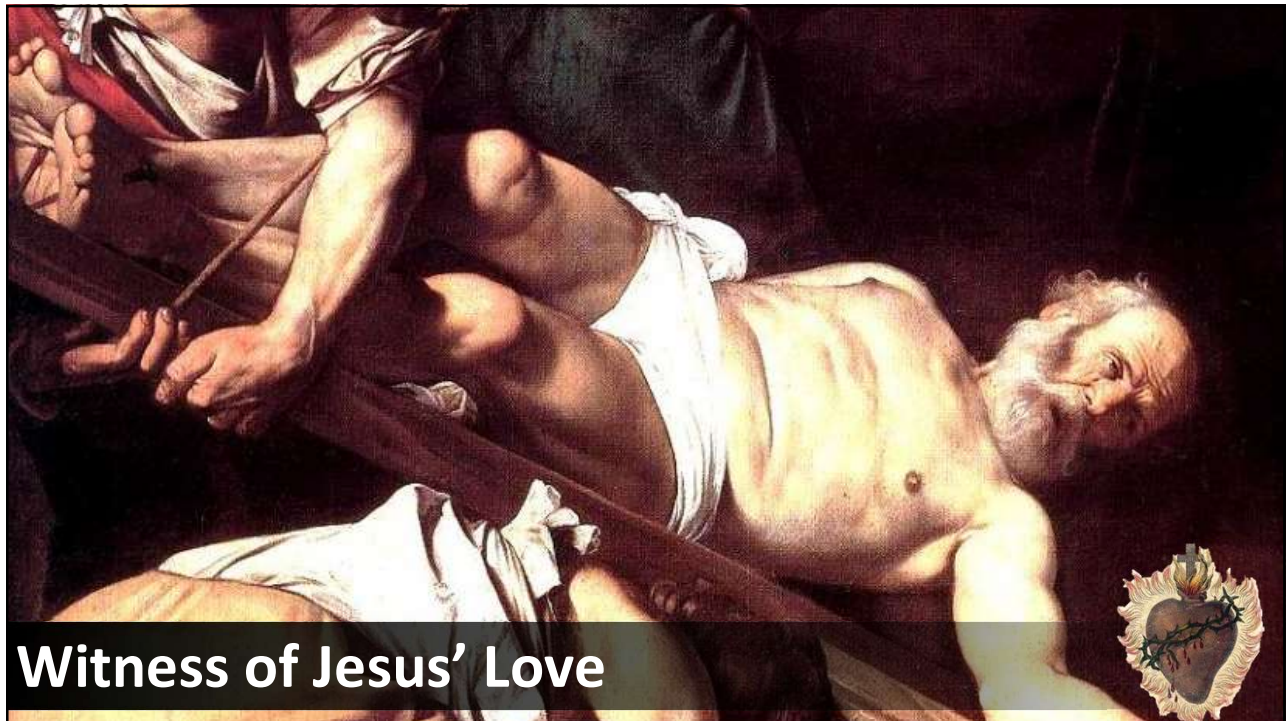
47

What is one gift that I have that can be used to support others on their faith journey? Have I used it as a disciple?



48





## Witness of Jesus' Love

49

## Witness to Jesus' Love

Brennan Manning

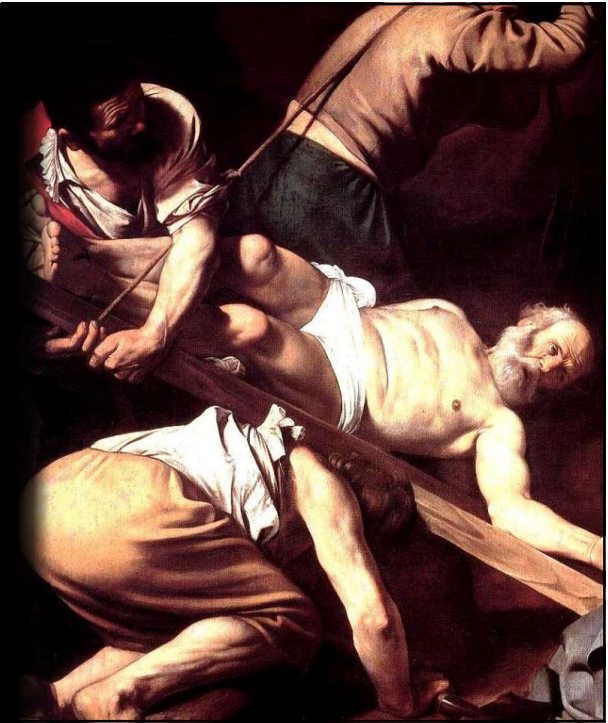
Jesus said you are to love one another as I have loved you, a love that will possibly lead to the bloody, anguish gift of yourself, a love that forgives seven times seven, that keeps no record of wrong. This is the criterion, sole norm, the standard of discipleship..



50

G.K Chesterton

“Jesus promised his disciples three things: they would be completely **fearless**, absurdly **happy**, and in constant **trouble**.”



51

Who is one person in your life that has been able to witness through deeds and words to the radical love of Jesus Christ.



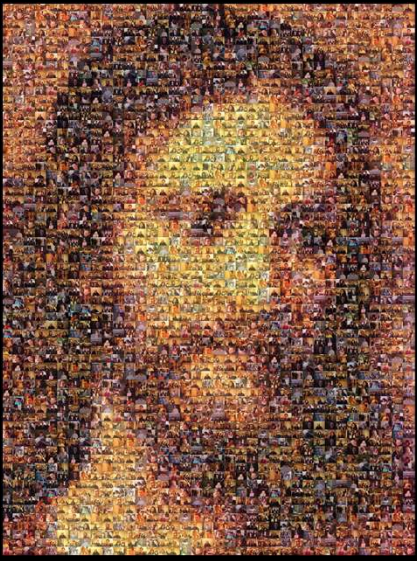

52



53

Pope Francis

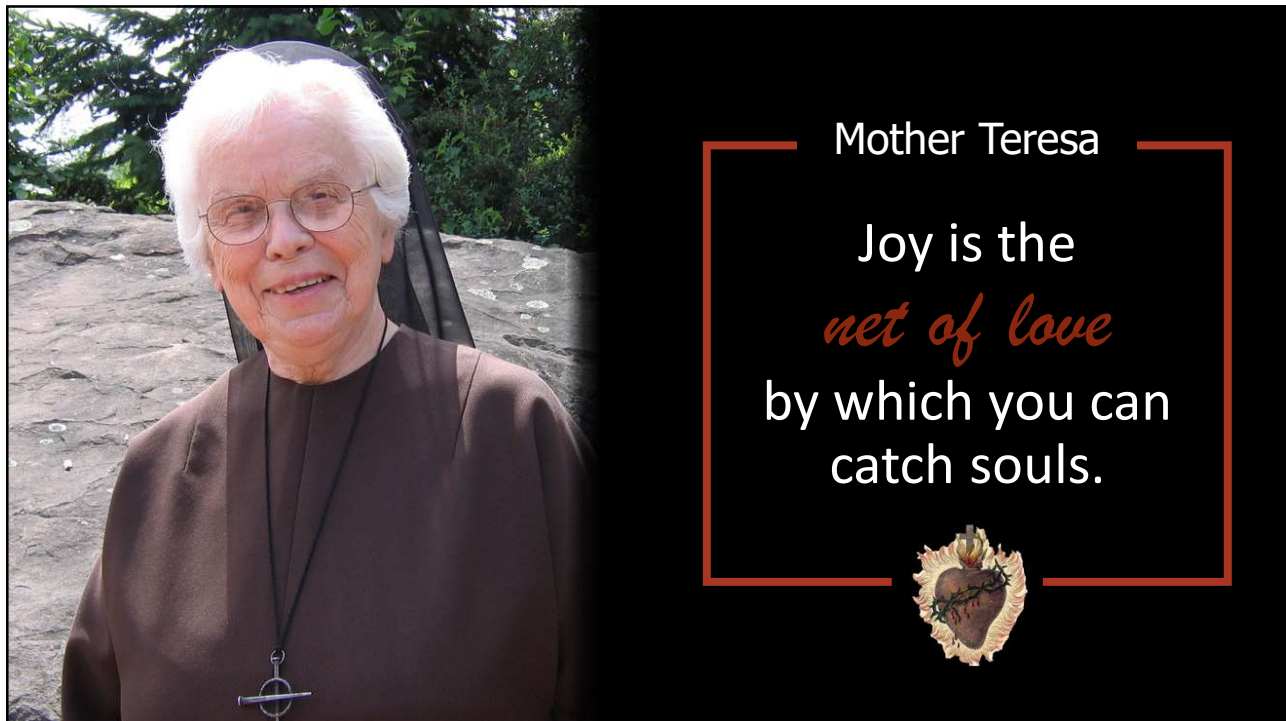
If we wish to follow Christ closely, we cannot choose an easy, quiet life. It will be a demanding life, but full of joy.

54



55



56

## Sharing His Love with Joy



If we are truly in love with Christ and if we sense how much He loves us, our hearts will  
*light up with a joy*  
that spreads to everyone around us!

Pope Francis

57

Are you able to witness to the  
Gospel message of love with joy

If so, what is the source of this joy? If  
not, what will help you come to a  
place of joyful witness



58



## Mary, Who Loved as He Loved

59

## Mary, the Model for All Disciples

Pope Francis

Mary joined the disciples in praying for the coming of the Holy Spirit (Acts 1:14) and thus made possible the *missionary outburst* which took place at Pentecost.



60

Pope Francis

Today we look to her  
and ask her to help us  
proclaim the message  
of salvation to all and  
to enable new  
disciples to become  
evangelizers in turn.

